



MARCH 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14 	15	16 Last pilates and KB class	17	18 Last 30/60/90 Circuit Class	19	20 
NOTE: Make up from 2/15 on 3/24	22 Aerobics 6-655 Toning 7-755p	23 NO CLASSES	24 Aerobics 6-655 Toning 7-755p	25 NO CLASSES	26	27
28 NEW 8 WEEK SESSION BEGINS THIS WK. →	29 Aerobics 6-655 Toning 7-755	30 Pilates 6-645 KB 7-8	31 Aerobics 6-7 Toning 715-815	30/60/90 Circuit 6-7pm		




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APRIL 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4 	5 Aerobics 6-655p Toning 7-755p	6 Pilates 6-645pm KB 7-8pm	7 Aerobics 6-7pm Toning 715-815	8 30/60/90 circuit 6-7pm	9	10 **NEW** Baby Boomers Body Blast 10-11a
11	12 Aerobics 6-655p Toning 7-755p	13 Pilates 6-645pm KB 7-8pm	14 Aerobics 6-7pm Toning 715-815	15 30/60/90 circuit 6-7pm	16	17 Baby Boomers Body Blast 10-11a
18	19 Aerobics 6-655p Toning 7-755p	20 Pilates 6-645pm KB 7-8pm	21 Aerobics 6-7pm Toning 715-815	22 30/60/90 circuit 6-7pm	23	24 Baby Boomers Body Blast 10-11a
25	26 Aerobics 6-655p Toning 7-755p	27 Pilates 6-645pm KB 7-8pm	28 Aerobics 6-7pm Toning 715-815	29 30/60/90 circuit 6-7pm	30	



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MAY 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Baby Boomers Body Blast 10-11a
2	3 Aerobics 6-655p Toning 7-755p	4 Pilates 6-645pm KB 7-8pm	5 Aerobics 6-7pm Toning 715-815	6 30/60/90 circuit 6-7pm	7	8
9	10 Aerobics 6-655p Toning 7-755p	11 Pilates 6-645pm KB 7-8pm	12 Aerobics 6-7pm Toning 715-815	13 30/60/90 circuit 6-7pm	14	15
16	17 Aerobics 6-655p Toning 7-755p	18 Pilates 6-645pm KB 7-8pm	19 Aerobics 6-7pm Toning 715-815	20 30/60/90 circuit 6-7pm	21	22
23	24	25	26	27	28	29
30	31					

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